

# Dental Sleep Medicine Appliances

	Indications	Contraindications	What to Send	Overview
<b>ClearDream™</b>	<ul style="list-style-type: none"> <li>• Snoring</li> <li>• Obstructive Sleep Apnea</li> <li>• CPAP intolerance</li> </ul>	<ul style="list-style-type: none"> <li>• Central sleep apnea</li> <li>• Severe respiratory disorders</li> <li>• Loose teeth or advanced periodontal disease</li> <li>• Under 18 years of age</li> <li>• Missing 1st and 2nd molars</li> <li>• Severe respiratory disorders</li> </ul>	<ul style="list-style-type: none"> <li>• Full arch VPS impressions, models or digital files</li> <li>• Bite registration (George Gauge or ClearDream bite is necessary)</li> </ul>	<ul style="list-style-type: none"> <li>• A dorsal appliance, it uses "fins" on the lower arch to advance the mandible. ClearDream maintains an open airway using titratable posterior hardware in the upper arch to adjust the degree the lower jaw is moved forward. Clinically unbreakable and one piece lower arch construction for better durability.</li> </ul>
<b>TAP® 3</b>	<ul style="list-style-type: none"> <li>• Snoring</li> <li>• Obstructive Sleep Apnea</li> <li>• CPAP intolerance</li> </ul>	<ul style="list-style-type: none"> <li>• Central Sleep Apnea</li> <li>• Loose teeth or dentures</li> <li>• Under 18 years of age</li> <li>• Severe respiratory disorders</li> </ul>	<ul style="list-style-type: none"> <li>• Full arch VPS impressions, models or digital files</li> <li>• Centric occlusal bite</li> <li>• Maximum protrusive measurement</li> </ul>	<ul style="list-style-type: none"> <li>• Made of two custom interocclusal parts that fit over the mandible and maxilla. The upper portion of the device hooks into the lower portion, enabling the mandible to be pulled forward. Titratable using a dial mechanism. It uses a hook mechanism to hold the jaw in place.</li> </ul>
<b>dreamTAP®</b>	<ul style="list-style-type: none"> <li>• Snoring</li> <li>• Obstructive Sleep Apnea</li> <li>• CPAP intolerance</li> </ul>	<ul style="list-style-type: none"> <li>• Central Sleep Apnea</li> <li>• Loose teeth or dentures</li> <li>• Under 18 years of age</li> <li>• Severe respiratory disorders</li> </ul>	<ul style="list-style-type: none"> <li>• Full upper and lower VPS impressions, or digital files</li> <li>• Centric bite registration</li> <li>• Maximum protrusive measurement</li> </ul>	<ul style="list-style-type: none"> <li>• Designed with hardware on its exterior, dreamTAP offers greater tongue space with no obstructions. The single point of adjustment prevents uneven bilateral adjustment that may create an irregular bite and jaw discomfort. The hardware in dreamTAP is made from nickel-free cobalt chromium.</li> </ul>
<b>dreamTAP Crystal Clear</b>	<ul style="list-style-type: none"> <li>• Snoring</li> <li>• Obstructive Sleep Apnea</li> <li>• CPAP intolerance</li> </ul>	<ul style="list-style-type: none"> <li>• Central Sleep Apnea</li> <li>• Loose teeth or dentures</li> <li>• Under 18 years of age</li> <li>• Severe respiratory disorders</li> </ul>	<ul style="list-style-type: none"> <li>• Full upper and lower VPS impressions, or digital files</li> <li>• Centric bite registration</li> <li>• Maximum protrusive measurement</li> </ul>	<ul style="list-style-type: none"> <li>• dreamTAP Crystal Clear features the same hardware configuration as the traditional dreamTAP. Exteriorly-placed hardware, with minimal to no lingual interferences, are now anchored in the strongest dental acrylic: Crystal Clear 450. The hook, now on the lower arch, protrudes the mandible via a turnkey mechanism.</li> </ul>
<b>EMA®</b>	<ul style="list-style-type: none"> <li>• Snoring</li> <li>• Obstructive Sleep Apnea</li> <li>• CPAP intolerance</li> </ul>	<ul style="list-style-type: none"> <li>• Central Sleep Apnea</li> <li>• Severe bruxing</li> <li>• Edentulism</li> <li>• Mobile teeth</li> <li>• Under 18 years of age</li> <li>• Severe respiratory disorders</li> </ul>	<ul style="list-style-type: none"> <li>• Full arch VPS impressions, models or digital files</li> <li>• Centric occlusal bite</li> </ul>	<ul style="list-style-type: none"> <li>• The primary treatment mechanism of opening the bite and gently moving the mandible forward is achieved using interchangeable elastic straps that offer varying degrees of mandibular advancement. By holding the mandible forward, the EMA maintains a clear airway to reduce snoring and improve breathing.</li> </ul>

