

ClearDream[®] Bite Technique



Figure 1



Figure 2

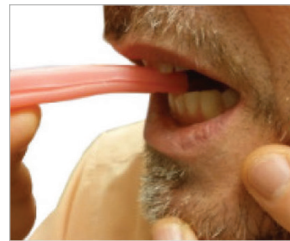


Figure 3



Figure 4

1. Roll a piece of base plate wax at least 2 inches long and no less than 6mm thick (**Fig. 1**).
2. Place the wax between the centrals and incise the uppers into the wax with the posterior teeth open 4–5mm (**Fig. 2**).
3. Protrude and retrude the patient's mandible a few times to loosen the muscles; Slight contact with the wax is ok (**Fig. 3**).
4. Move into a comfortable, protruded position—Typically 40–60% of the maximum protrusive range of motion (**Fig. 3**).
5. Incise the lowers at a comfortable position to hold the teeth in place (**Fig. 4**).
6. Express bite registration material, starting in the posterior and working toward the anterior, along both sides of the arch (**Fig. 4**).
7. Allow the material to fully set up with the wax in place.

